

# COMMUNITY TRAUMA CONFERENCE UK

Black Women, Trauma and Mental Health

Saturday 29<sup>th</sup> October 2022, Online

## CONFERENCE PROGRAMME

10:00 – 10:10	<b>Welcome</b> Helen George, Founder of Community Trauma Conference UK Introduction to co-host, Leoni Cachia
10:10 – 10:45	Keynote Presentation <b>The Politics of Black women’s mental health and wellbeing in the UK: Black women campaigning and agitating for change in mental health services</b> Dr Jenny Douglas, Senior Lecturer in Health Promotion and Chair of the Black Women’s Health & Wellbeing Research Network
10:45 – 11:45	In conversation with Sandra Igwe <b>Black Motherhood and Mental Health</b> Founder of The Motherhood Group and author of, ‘My Black Motherhood: Mental health, Stigma, Racism and the System’
11:45– 12:00	Break
12:00 – 13:00	Panel discussion <b>Black Girlhood, Trauma and Mental Health</b> Ebinehita Iyere, Jahnine Davis and Natalie Russell
13:00 – 13:45	Lunch
13:45 – 14:45	<b>Speaking the unspeakable: Black women disclosing sexual violence</b> Dr Ruth Mintah
14:45 – 15:00	Break
15:00 – 16:00	<b>Face to face; eye to eye; soul to soul</b> <b>A bespoke, reparative model of group analysis for Black women</b> Dr Anne Aiyegbusi
16:00 – 16:15	Break
16:15 – 17:15	Panel discussion <b>Finding our voice</b> Anjula Mutanda, Professor Dawn Edge, Karen Carberry, Dr Yetunde Ade-Serrano
17:15 – 17:20	Closing thoughts